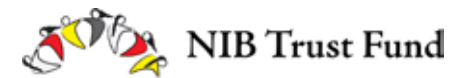


ANNUAL REPORT 2022-23

THANK YOU

We would like to thank our 2022-2023 funders. With the support of these government bodies and community foundations, the FASD Network was able to provide all the services, presentations, and events that are included in this report. We thank you for your continued support.



05

SUPPORT PROGRAM

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BOARD & STAFF

BOARD MESSAGE

We, as the Board of Directors, are honored to provide guidance to the FASD Network of Saskatchewan and to contribute to the organization's accomplishments.

Our Board Members were dedicated to supporting the staff during this year of change. Looking back over the accomplishments of 2022/23, we would like to thank the management and staff, as well as our funders, partners and clients, for every contribution that made this growth possible.

During the year, we also responded to the growing needs of the organization by officially voting to expand our Board. Transitioning from a 12 to 16-member Board has allowed us to recruit more professionals who have the expertise needed to oversee the organization and more caregivers who have the personal experiences needed to help guide the Network as it continues to grow.

The growth of the organization has been phenomenal. The staff were able to secure multi-year funding for several large-scale programs as well as short-term funding that allowed them to pilot the new projects laid out in this report. As always, these projects are undertaken with the primary purpose of supporting individuals and families with FASD.

Throughout these organizational changes, the Network and its Board of Directors remain committed to upholding the vision established by its founders, 'for individuals with FASD and their families to recognize themselves as safe, supported, valued and contributing members of the community.'

We look forward to the many ways in which the organization will work to achieve this.

Sincerely,

The image shows two handwritten signatures in blue ink. The first signature is 'Spicer' and the second is 'Boldt'. Both are written in a cursive, flowing style.

Bobbi Spicer and Jaime Boldt, Board Co-Chairs

STAFF MESSAGE

During my six years as Executive Director, I have seen many changes at the FASD Network. The 2022/23 fiscal year has been one of the most exciting years of growth for the organization.

Our team worked diligently towards our goal of acquiring diversified funding which resulted in our first federally funded program. With this expansion of the Integrated Justice Program we saw our staff almost double within the year. The program was able to achieve great results and take a multi-faceted approach to addressing the over-representation of Indigenous individuals with FASD in the Saskatchewan justice system.

The Support Program had the opportunity to amalgamate with the FASD Program at the Regina Community Clinic. Through this merger, we were able to increase the Support Program's capacity for providing services to individuals and caregivers with FASD.

As the training and events program continued providing FASD education across Saskatchewan, they were able to also use online tools to reach audiences in far spread Canadian and international communities as well.

With these exciting developments, the Network made several operational changes to accommodate the organization's growth. Both the Saskatoon and Regina offices relocated to new office spaces that are more accessible and accommodating to our clientele. The organization also worked on streamlining its administrative and human resource practices through a contracted service that provides a centralized resource for the management and staff.

Looking back over the past year, we can see that the future of the Network is bright. We will continue looking for innovative ways to enhance the lives of individuals and families who are impacted by FASD.

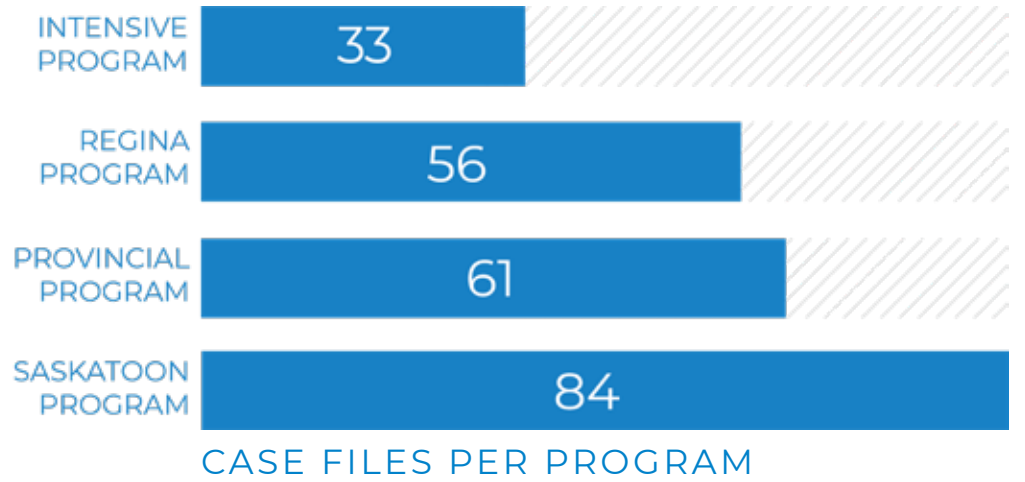
Sincerely,

A handwritten signature in black ink that reads "AKotlar". The signature is written in a cursive, flowing style.

Andrea Kotlar, Executive Director

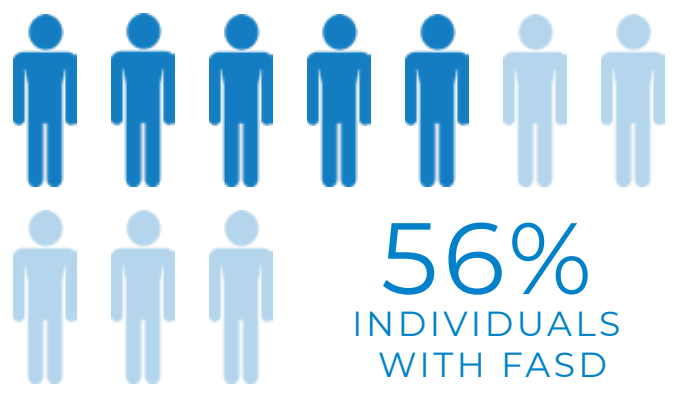
05

SUPPORT PROGRAM



234
CASE FILES
IN 2022/23

48
SUPPORT
MEETINGS HELD



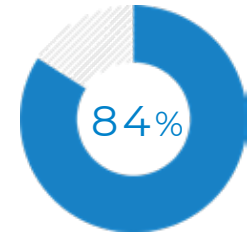
38
COMMUNITIES
WITH CLIENTS

SASKATOON PROGRAM

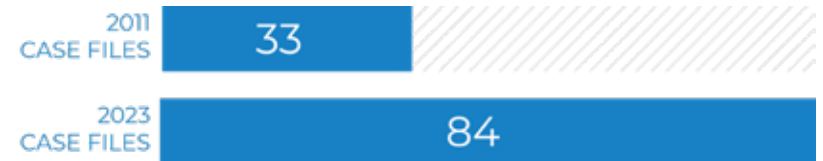
In 2011, the Network began offering support services and one-on-one case management to individuals and families in Saskatoon. With 33 clients supported that first year, the number of individuals and families accessing the services of the Saskatoon Support Program has increased each year.

During the 2022/23 fiscal year, the program provided services to 84 clients in Saskatoon and the surrounding communities. The support workers worked diligently throughout the year to provide services to every client who was referred to the program. Of the 38 referrals received, 84% accessed the Network's FASD-informed services. As the number of clients requiring support services in Saskatoon continues to grow, the Network remains committed to expanding its program.

84
SASKATOON
CASE FILES



REFERRALS MOVED
TO ACTIVE FILES



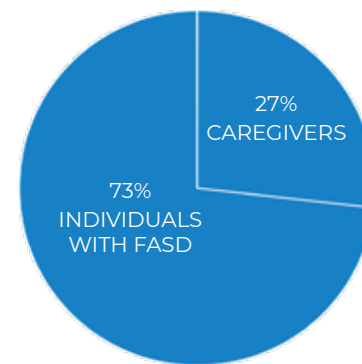
SASKATOON CASE FILE GROWTH

REGINA PROGRAM

While providing services in Saskatoon, the Network identified a need for the program to expand into Regina. In 2018, the organization was able to open an office in Regina with a fully operational support program.

Now in its fourth year of operations, the Regina Support Program was able to provide valuable services to 56 clients. With a caseload increase of 36% since the program was launched there is a continued need for this program in Regina and the surrounding communities.

To meet this growing need, the Network is pleased to have added an additional support worker to provide case management services as part of the Regina Support Program.



REGINA
CASE FILE
BREAKDOWN

56
REGINA
CASE FILES

1

SUPPORT WORKER
POSITION ADDED

PROVINCIAL SERVICES

Throughout the years, the Network has received referrals and requests for support from individuals across the province. In response to this need, the Provincial Support Program was launched to ensure FASD services are available to anyone looking for support, regardless of their location.

The Provincial Support Program includes the same direct support services and case management offered in Saskatoon and Regina. During the 2022/23 fiscal year, the program expanded to include two support workers with one providing services in the northern regions and one in the southern parts of the province. They were able to offer support to 61 clients from 38 Saskatchewan communities.

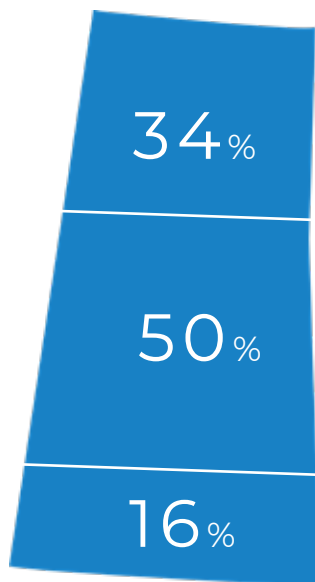
The growth of this program demonstrates the need for FASD-informed services in every community of the province.

INTENSIVE SERVICES

One of the specialized programs offered by the Network is the Intensive Support Program, a long-term program to provide high-level support to families affected by FASD as they interact with the child welfare/protection systems.

In 2022/23, there were 33 families who accessed the program. During an evaluation of the program, it was estimated that as a result of the services provided, 21 families were enabled to stay together as a family which resulted in a total of 47 kids kept in their family homes.

The Network would like to thank the Ministry of Social Services for their continued partnership on this program as we work together to help families impacted by FASD achieve positive outcomes.



PERCENTAGE OF CLIENTS PER REGION

33
FAMILIES
ACCESSED INTENSIVE
SUPPORT SERVICES

47
CHILDREN KEPT IN
THEIR FAMILY HOMES

21
FAMILIES KEPT
TOGETHER

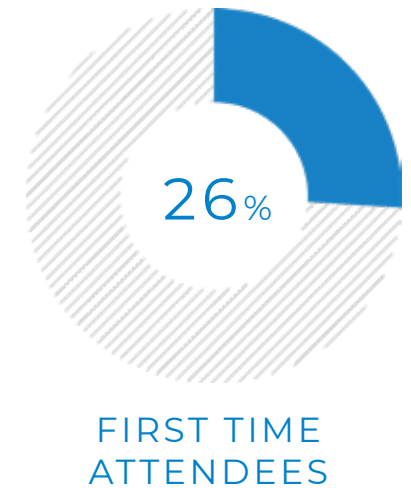
CAREGIVER MEETINGS

The Network facilitates connections between caregivers and family members to individuals with FASD by hosting monthly support meetings led by a caregiver raising an individual with FASD. The meetings provide a safe space for open discussion, sharing common experiences, and providing advice.

This year, the Network hosted the meetings online to increase the accessibility for caregivers from any community in Saskatchewan to attend. There were 15 caregivers who attended meetings throughout the year. 26% of these caregivers were able to join a meeting for the first time.

12
CAREGIVER
MEETINGS

15
CAREGIVERS
ATTENDED



PEER MEETING ATTENDANCE

53
INDIVIDUALS
ATTENDED

14
NEW
ATTENDEES

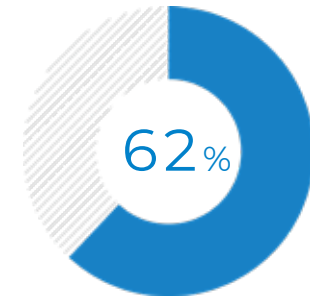
PEER MEETINGS

This year, the Network held peer support meetings in Saskatoon and Regina. The organization continued hosting its monthly meetings for adults with FASD to connect with each other for ongoing support and to learn more about their disability. The Network works to ensure that the meetings provide a safe, compassionate space for open discussion. During the 2022/23 fiscal year, the Network had 48 participants attend the peer support meetings.

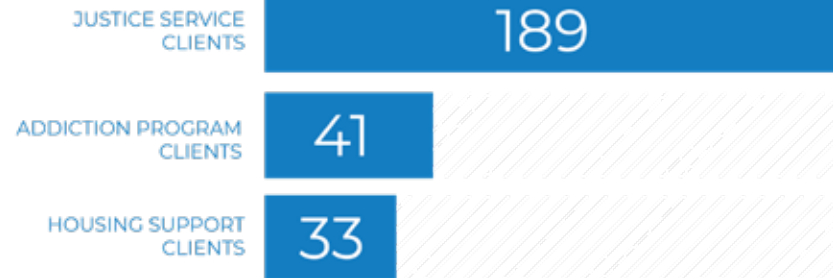
The Network also introduced peer support meetings specifically for youth impacted by FASD. These meetings help prevent isolation and provide youth the opportunity to meet peers who share their experiences. Held in both Regina and Saskatoon, these meetings had 5 youth join.

JUSTICE PROGRAM

214
CASE FILES
IN 2022/23



INCREASE IN CASE FILES
FROM PREVIOUS YEAR



NUMBER OF CLIENTS ACCESSING PROGRAMS

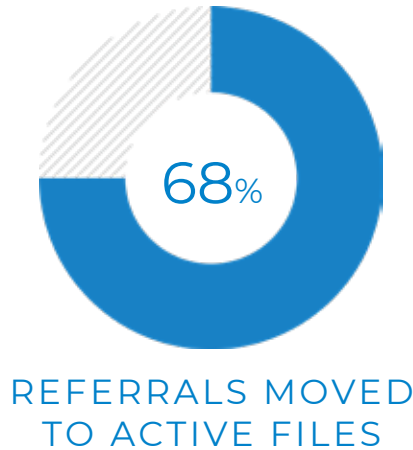
28
COURT
REPORTS
SUBMITTED

26
LIFESKILL
WORKSHOPS
HELD

52
DROP-IN
CENTRE
ATTENDEES

189
JUSTICE CASE FILES

299
COURT SITTINGS
ATTENDED



21
GLADUE REPORTS
WRITTEN

7
RELEASE PLAN
WRITTEN

SUPPORT SERVICES

The Network's Integrated Justice Program received federal funding that allowed the program to expand its services. During the year, the program's support services were provided by a team of 8 Justice Support Workers offering services in Regina and Saskatoon as well as rural communities in the southern and northern regions of the province.

With a focus on employing staff who have lived experiences similar to the clients accessing services, the program was able to provide FASD-informed case management that specialized in helping clients navigate their involvement with the Saskatchewan justice system. The program aimed to address the TRC Call to Action #34 and the overrepresentation of Indigenous youth and adults in custody.

Throughout 2022/23, there were 189 clients who accessed justice support services through the program, a 62% growth from the previous year. With 143 referrals sent to the program this year, there was a demonstrated need in for the services being provided.

GLADUE TEAM

The Network is proud to be a part of one of the only Gladue teams operating in Canada. Led by Dr Michelle Stewart, the Integrated Justice Program's Gladue team works collectively to prepare trauma-informed Gladue Reports that ensure the systemic and personal experiences of Indigenous individuals are considered during their involvement with the justice system. With the purpose of creating pathways to healing and positively impacting the sentencing decisions for Indigenous individuals with FASD, the IJP's Gladue team submitted 21 reports to the Saskatchewan courts this year.

Along with these reports, the team has also worked on 7 Comprehensive Release Plans that are used in bail and detention review hearings with a focus on stabilizing individuals in the community through Gladue-aftercare and wrap-around support.

This work has been well-received in the courts. The organization's comprehensive release plans are operating at a 90% success rate and the Gladue Reports are positively impacting sentencing outcomes for individuals with FASD.

ADDICTION SERVICES

An objective of the IJP project is to use harm-reduction approaches to stabilize clients. To provide these services, the Network was pleased to hire an Addictions Worker who is able to offer FASD-informed support to the organization's clients. The project used a variety of services to work towards positive outcomes for individuals with FASD, including direct substance-use support services provided to 41 clients during the fiscal year. These clients benefited from individualized support that was able to address their unique needs.

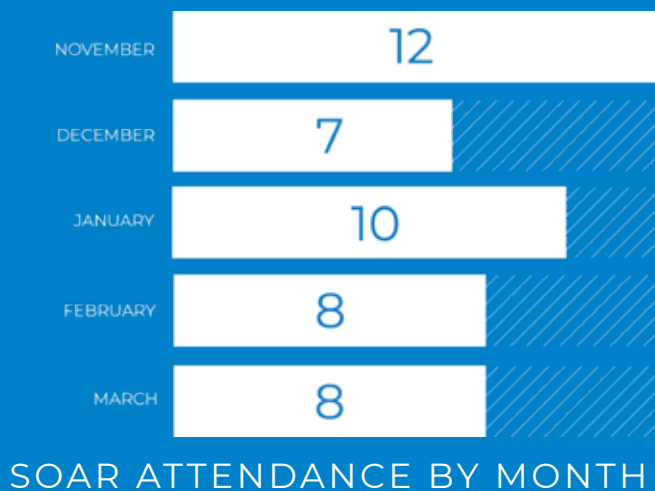
In addition to the support services, the program offered virtual SOAR workshops that created a safe space for individuals to learn more about FASD and substance use. Held biweekly, each workshop covered a new topic such as trauma, triggers, recovery, harm reduction and more. In total, there were 29 individuals who joined a workshop since they launched in the fall of 2022.

HOUSING SERVICES

This year, the Network was able to continue a supported housing program that was piloted during the previous fiscal year. With another 12 months of funding, the program was able to help 33 clients gain access to and maintain stable housing.

Services provided by the program included assistance finding safe housing, support with the life-skills needed to keep housing, liaising with landlords and other housing services, and providing emergency funding for housing and essential needs. The emergency funding was able to help 16 of the program's clients pay rent and have access to safe housing.

Through this program, the Network was able to support clients and reduce the use of publicly funding crisis services by unhoused individuals with FASD.



33
CLIENTS ACCESSED
HOUSING SERVICES



WORKSHOPS

The Network received funding to offer 'Life-Skills' programming that was developed to help individuals with FASD understand the complexity of their disability and gain valuable life skills to foster personal development.

Held throughout the year in both Saskatoon and Regina, the workshops covered a variety of topics such as cooking, grocery lists and shopping, budgeting, cleaning, taxes, beading, sage picking and more. These educational opportunities focused on helping participants learn valuable life-skills while also assisting them to implement strategies that can address the challenges caused by their disability.

With 26 workshops held during 2022/23, there were 14 participants who benefited from the programming.

DROP-IN CENTRES

In 2022/23, the Network launched full-time drop-in centres at both its Saskatoon and Regina offices. These centres are intended to provide accessible and immediate services to clients in need including access to FASD education, life-skills development, and cultural programming.

The intended purpose of operating drop-in centres was to provide FASD-informed support services that are available to clients without any barriers. The centre was staffed Monday to Friday with staff providing support services and emergency supplies for basic needs.

Since the launch of the centres, there were a total of 52 clients who accessed them between the Saskatoon and Regina locations. The feedback from the clients was very positive and the Network hopes to continue this program in the future.

WORKSHOP TOPICS:

COOKING & SHOPPING

BUDGETING

TAXES

CLEANING

BEADING

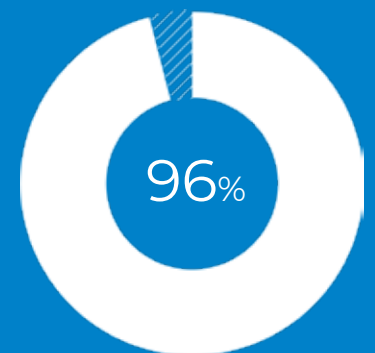
& MORE

59

DAYS OF DROP-IN
SERVICES ACCESSED

52

CLIENTS ATTENDED THE
DROP-IN CENTRE



OF ATTENDEES WERE
INDIVIDUALS WITH
FASD

TRAINING & EVENTS



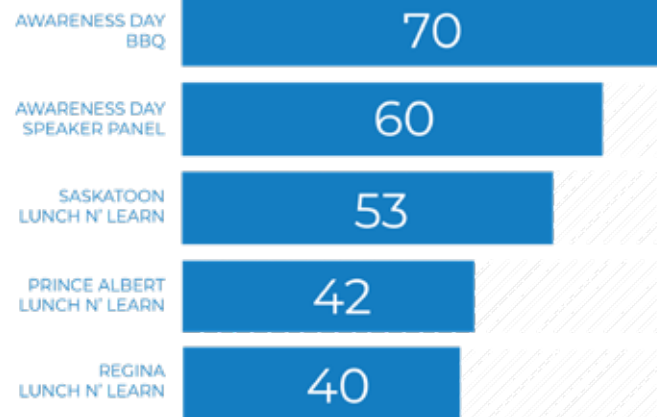
2022/23 TRAINING SESSIONS


25
COMMUNITIES REACHED

1799
PEOPLE TRAINED

6
EVENTS HELD

423
EVENT ATTENDEES



2022/23 EVENT ATTENDANCE

FASD TRAINING

The Network has several in-depth training sessions available for professionals and community members to gain extensive knowledge on FASD with practical strategies for support. The sessions combine information about FASD with the first-hand experience of the presenters.

This year, these sessions included the Network's 'FASD for Frontline Workers', 'Understanding FASD' and a custom training developed for group home workers and Ministry of Social Service workers.

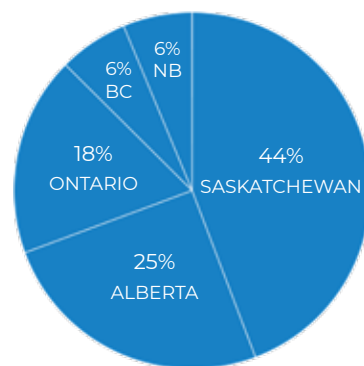
16 training sessions were held during the 2022/23 fiscal year, with 320 people attending.

FOSTER PARENT TRAINING

Through a long-running partnership with the Ministry of Social Services and the Saskatchewan Foster Families Association, the Network has been providing FASD training to future foster and adoptive parents for many years. These sessions are mandatory for all potential foster families and helps prepare them for their roles as caregivers to children who may be impacted by FASD.

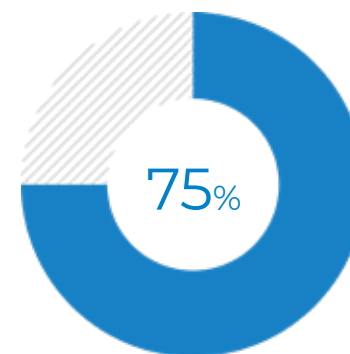
8 sessions were delivered to 214 caregivers this year. With each session being delivered by a caregiver who has raised individuals with FASD, the Network ensures these training sessions provide information and insight that enables attendees to meet the needs of someone with FASD.

16
FASD TRAINING
SESSIONS



COMMUNITIES
REACHED

320
COMMUNITY MEMBERS
TRAINED ON FASD



SESSIONS BOOK BY
THE SASKATCHEWAN
FOSTER FAMILIES
ASSOCIATION

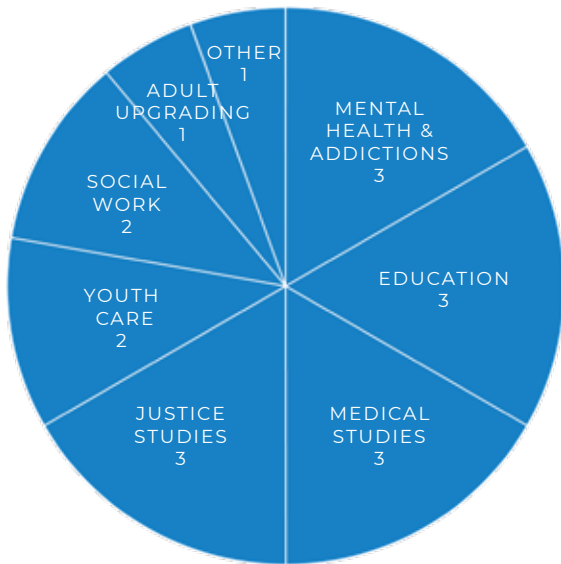
8
FOSTER PARENT
TRAINING SESSIONS

214
CAREGIVERS
TRAINED ON FASD

POST-SECONDARY PRESENTATIONS

The Network's training program began in 2005 with the introduction of the 'FASD for Post-Secondary Students Presentations.' Since then, the organization has traveled across the province delivering presentations that provide information to students on the risks of alcohol consumption during pregnancy and FASD education that helps prepare them for their future careers.

During the 2022/23 fiscal year, there were 19 presentations delivered both in-person and virtually to 549 post-secondary students. The presentations continue to be very well received by both students and instructors from various fields of study such as education, social work, justice studies, education mental health and addictions, etc.



AREAS OF STUDY

COMMUNITY & CUSTOM PRESENTATIONS

The Network reaches members of the public with educational information about FASD by delivering 'Community Presentations.' These presentations are organized through other non-profit agencies and community organizations that host sessions for their clientele and community members. Each session provides basic information about FASD and encourages positive discussion about the disability. The Network was pleased to deliver 31 community presentations to 559 attendees across Saskatchewan.

Each year, the Network receives several requests to develop and deliver custom presentations on FASD. In 2022/23, the Network created 7 custom presentations that were attended by 157 people including a presentations for schools and other community agencies.

31

COMMUNITY PRESENTATIONS

7

CUSTOM PRESENTATIONS

716

FASD PRESENTATION ATTENDEES

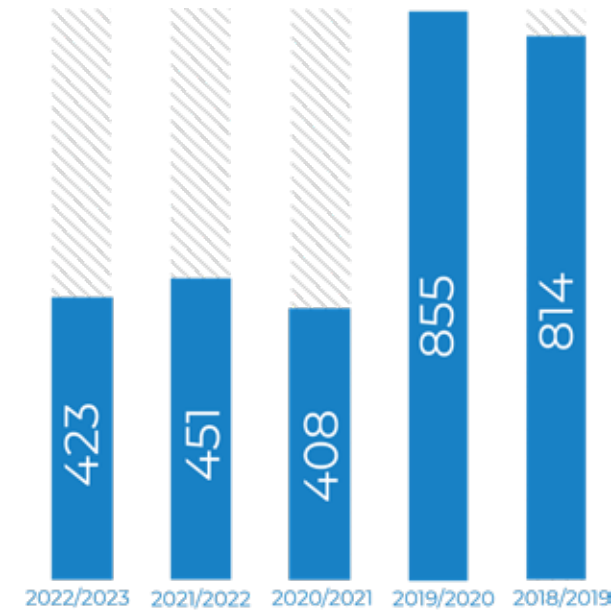
ANNUAL EVENTS

As part of the Network’s mandate to provide FASD education, the organization hosted 6 events throughout the year.

September 9th is celebrated each year as International FASD Awareness Day. Since 1999, communities have held events and announcements to increase the public’s knowledge of the disability. This year, the Network began its FASD Awareness Day events with a panel discussion hosted in downtown Saskatoon. The panel included a combination of frontline workers, caregivers, and individuals with FASD sharing their life experiences and answering questions from the 60 attendees. The next day, the Network hosted a BBQ free-of-cost to celebrate individuals with FASD and welcome clients to the organization’s new office space. Approximately 70 people joined the afternoon event.

The Network also continued its Lunch n’ Learn events with 3 events held in Saskatoon, Regina and Prince Albert in the fall. These free events provided FASD education to 135 Saskatchewan community members. These events allow the organization to increase the reach of its ‘Community Presentations’ project.

The last event of the fiscal year was the 7th annual FASD Sessions conference. Held over two-days in Saskatoon, the conference focused on a theme of ‘FASD & Sensory Impairments’ this year. Presenters included Occupational Therapists, researchers, support workers and individuals with FASD. The Network was pleased to have 158 attendees join from across Western Canada. The feedback received from attendees indicated that they found the event to be beneficial with 100% of survey respondents indicating that they learned valuable information.



EVENT ATTENDANCE BY YEAR

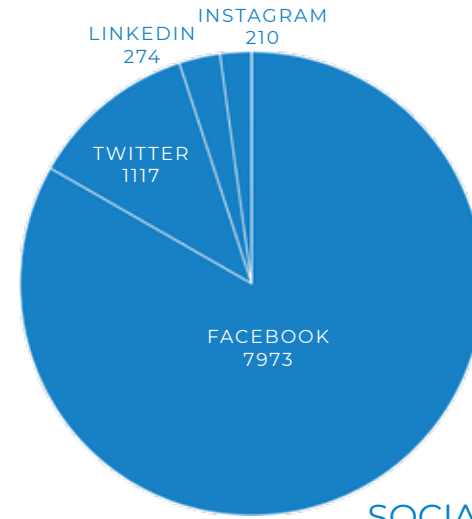


FASD AWARENESS

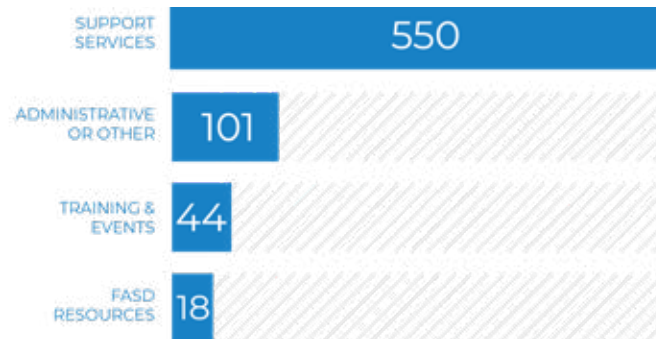
8,659
RESOURCES
DISTRIBUTED

24,309
WEBSITE
PAGEVIEWS

9,574
SOCIAL MEDIA
FOLLOWERS



SOCIAL MEDIA FOLLOWERS



REASONS FOR TOLL-FREE CALLS


129
COMMUNITIES
REACHED

SOCIAL MEDIA

The Network uses social media to provide accurate, positive messages about FASD and to share information about the organization's services. Each year, the Network's social media following continues to grow with audiences from around the world sharing the messages.

During the 2022/23 fiscal year, the organization was active on a variety of social media platforms including Facebook, Twitter, Instagram and LinkedIn. These platforms have been identified as the best channels to reach a diverse, wide-ranging audience with information about FASD. The Network now has 9,574 followers across all its social media accounts with a 2% growth from last fiscal year.

NETWORK WEBSITE

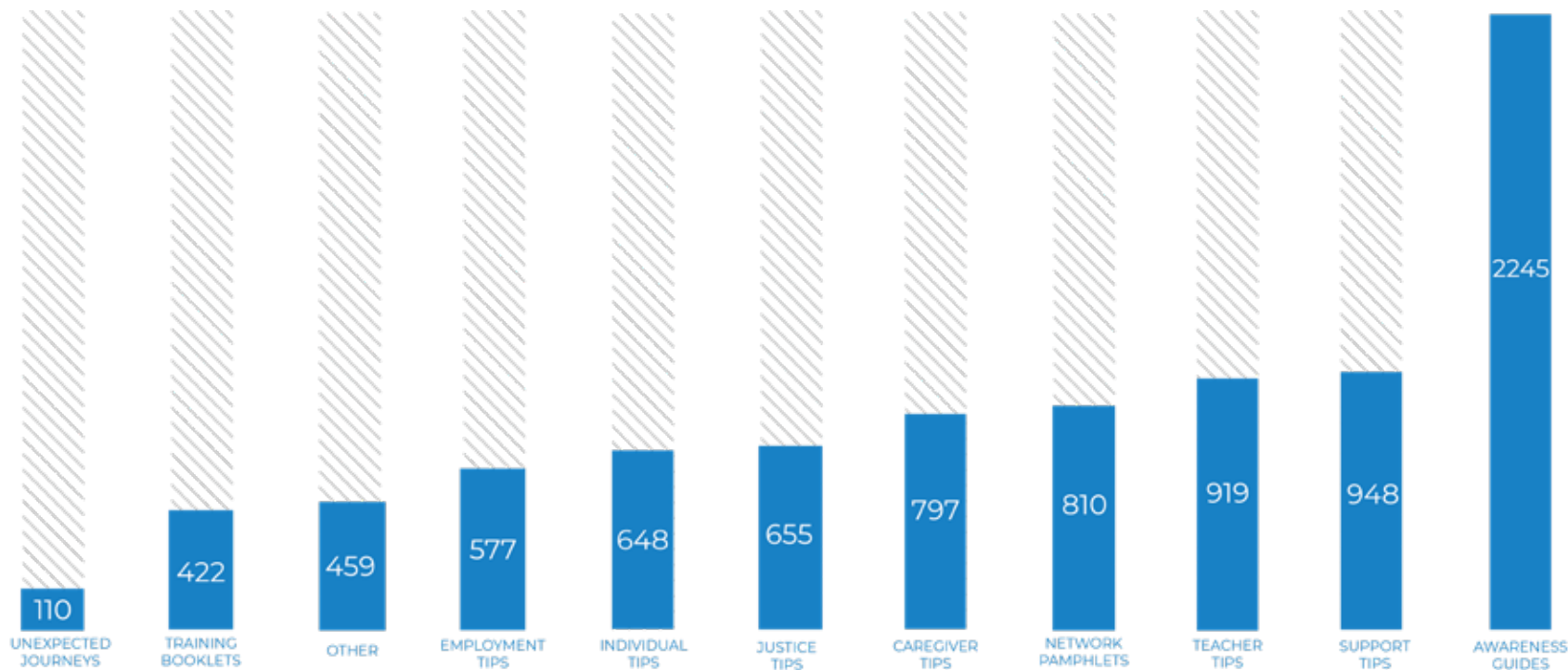
As part of the organization's mandate to provide FASD education, the Network maintains a website that includes up-to-date information about the disability and the programs provided by the organization.

Throughout the year, the Network's website had a total of 24,309 page views. These viewers were located in 10 different countries across the world with 76% of the viewers residing in Canada. The Network is proud to reach a global audience with accurate, positive information about FASD. 56% of the website's viewers found the site through an organic online search, meaning the viewer was searching for information about FASD and arrived at the Network's website.

MARKETING CAMPAIGN

The Network was able to once again promote an educational campaign across Saskatchewan using a combination of online communications and traditional mass media. The campaign focused on providing three quick messages about FASD to the general public including that individuals with FASD can succeed, FASD is often misunderstood, and that the disability can impact anyone.

The campaign used a combination of radio advertisements, transit posters and electronic billboards located in Saskatoon, Regina, Prince Albert, Moose Jaw and North Battleford. The goal of the campaign was to increase awareness of FASD among the general public in Saskatchewan.

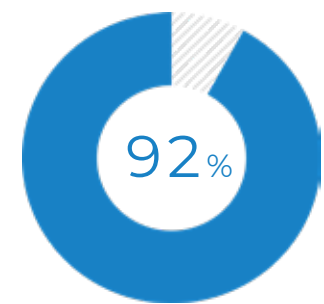


RESOURCES DISTRIBUTED IN 2022/23

RESOURCES

One of the ways the Network provides information on FASD is through the creation and distribution of educational resources. By distributing both printed and digital versions of these resources, the Network aims to ensure the public has access to information that will help them learn about the disability and support the individuals and families who are impacted. The resources include informational booklets, tips and strategies for various groups such as teachers, pamphlets about the Network’s services, and personal experiences shared by individuals with FASD.

The organization distributed 8,068 printed copies of these resources with an additional 591 copies being downloaded from the website in 2022/23. Each year, the ‘FASD Awareness Guide’ remains the most requested resource with 2,245 copies being distributed and downloaded this year.



PRINTED COPIES DISTRIBUTED

TOLL-FREE LINE

The Network has operated a toll-free line for over 20 years, providing support and FASD education to people calling in from around the world. The toll-free line is a valuable resource for professionals, community members, caregivers and individuals with FASD who need access to services or have questions about the complex disability.

Each incoming call is recorded to monitor the usage and impact of the phone line. In 2022/23, the Network received 717 calls to the toll-free line with 77% of these callers searching for support services. Approximately, 182 of the callers were contacting the organization for the first time.

COMMUNITIES REACHED

As a provincial organization, the Network aims to reach as many Saskatchewan communities as possible with FASD-informed services and education. Each year, the Network searches for innovative ways to increase the accessibility of its program.

Through these efforts, the organization had clients, event attendees, and training participants interacting with the Network from 81 Saskatchewan communities.

With the organization's online presence, the Network was able to reach an additional 18 communities across the country as well as people located in approximately 30 international communities.

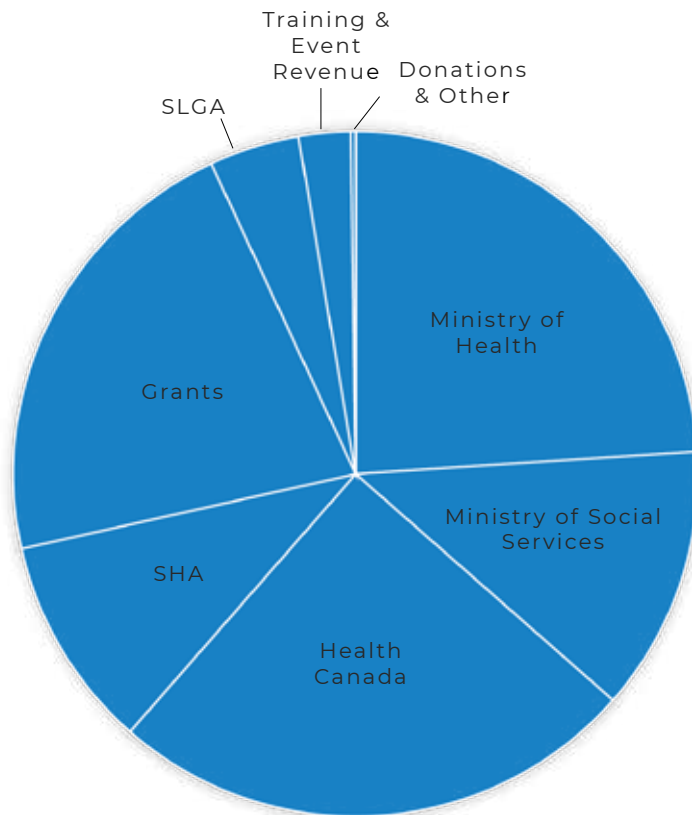
FASD can affect anyone around the world so the Network believes in the importance of expanding the reach of its services and education. Providing accurate, positive information about FASD remains a core part of the organization's mandate



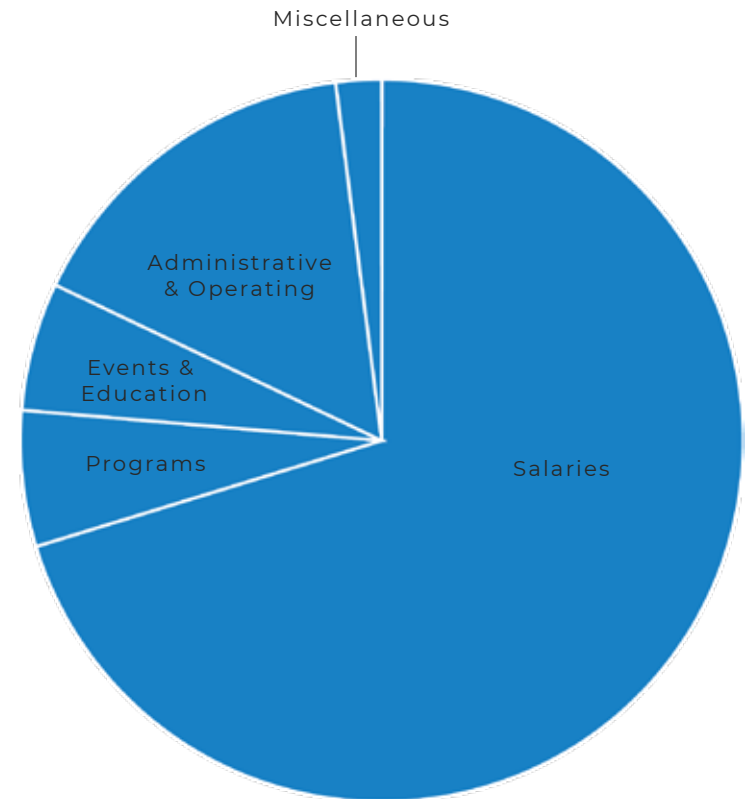
81

SASKATCHEWAN
COMMUNITIES REACHED

FINANCIALS



Ministry of Health	24%
Ministry of Social Services	12%
Health Canada	25%
Saskatchewan Health Authority	10%
Grants	22%
SLGA	4%
Training & Event Revenue	2.7%
Donations & Other Income	0.3%



Salaries	70%
Programs	6%
Events & Education	5.75%
Administrative & Operating	16%
Miscellaneous	2.25%

Jaime Boldt, Co-Chair
Bobbi Spicer, Co-Chair
Nolan Berg, Past Chair
Dr. Keith Da Silva, Treasurer
Ali Snider, Secretary
Tara Anderson, Board Member
Lee Shepherd, Board Member
Darlene Halyk, Board Member
Ashley Hricz, Board Member
Tasha Lang, Board Member
Ashley Peters, Board Member
Dr. Ghita Wiebe, Board Member
Leslie Sichello, Board Member
Andrea Kotlar, Executive Director
Shana Mohr, Training Manager
Nicole Batty, Marketing & Projects Manager
Raylene Pritchard, Support Program
Coordinator
Robyn Pitawanakwat, IJP Coordinator

Alexis Paul, Support Worker
Sariana Kirk, Support Worker
Sharlene Santos, Support Worker
Arianna Morin, Support Worker
Chiara Wolfe, Support Worker
RaeRose Pritchard, Support Worker
Constance Dubois, Justice Support Worker
Chris Campbell, Justice Support Worker
Rouhullah Mohammadi, Justice Support
Worker
Elisabeth Girard, Justice Support Worker
Bob Hughes, Justice Support Worker
Rick Cameron, Justice Support Worker
Richelle Dubois, Justice Support Worker
Kamryn Stewart, Justice Support Worker
Trevor Ledoux, Addictions Worker
Chris Leis, Drop-in Centre Worker
Jody Chell, Gladue Associate
Mindy Gregory, Gladue Associate
Niki Isabelle, Research & Data Associate

STAFF & BOARD

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